



Adventure Trek Press

Participants Newsletter May 2010

May 5, 2010

Course Dates

Monday, August 2,
2010 to Saturday,
August 7, 2010
Wasco County
Fair Grounds in
Tygh Valley
Oregon

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Welcome to Adventure Trek 2010—High Desert Challenge

We are now just under 3 months from start of Adventure Trek. I hope you are working on preparing your youth for the event and keeping them excited. Working on biking, hiking, and canoeing (if you can get access) will get your youth better prepared. We had three more teams register this past week so Adventure Trek is now full at 24 teams.

Please be sure this newsletter and the previous Adventure Trek Newsletters are passed to all your adult

leaders attending and that information useful for parents are passed on to them also .

Remember if you have any questions or concerns contact me. Don't forget about fees due and the detailed registration sheets.

Dennis McGary

Email: drmccgary@comcast.net

Cell phone: 503-913-5030

Home Phone: 503-579-3140

Dates to remember

There are several items dates you need to keep in mind,

1. **May 28th** — Send your team information to the Quartermaster, Pat Mead
2. **June 4th** — Pay any remaining fees to Council
3. **July 21st** — Medical Forms must be received
4. **August 2nd** — Be at Adventure Trek!!

You will experience a painful sharpening from time to time by going through various problems, but you'll need it to become a stronger person. -- Author Unknown



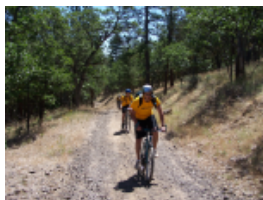
God in
His wisdom
made the fly

And then forgot
to tell us why.

**Have swim suits
on or available
on arrival
(canoe racing
starts soon)**



Venturing



Registration Sheets

You all received a detailed registration spreadsheet to list your youth and adults and the data that we are looking for. You can move youth around between teams (if you have multiple teams from the same unit) from what you entered during the on-line registration. We have asked that it be returned to Pat Mead by May 28th. This information is important to our planning. It is also important for us to know who the adults that are attending. If you have multiple teams and on-line registered the same adult twice, it needs to be clear on the registration sheet. This is important to know just what your total fees are. You can update these sheets

with Pat after May 28th if you need to make changes.

If you have adults that are splitting the week with another adult, please note that on the registration sheet. For each paid adult, you will receive one event tee shirt. If two adults are splitting the week, and both want shirts then one will have to be purchased. The price isn't available yet but please note on the registration sheet if you want additional shirts and the size.

Send the detailed registration form to:

Pat Mead

Email: pmead727@verizon.net

Phone: 503-614-1119

Medical Forms

Don't forget about getting the new medical forms together. The new medical form is a big change from previous years

medical forms. Everyone will need a physical. Copies were attached to the last newsletter. They are due July 21st.

Hiking and GPS/Compass

We are doing the two days of backpacking in a new location from the previous Adventure Trek's. The Forest Service decided it didn't want our teams hiking through a wilderness area so we agreed to a new location. It is still in the general area between Wasco County Fair Grounds and Camp Baldwin. This year's hike will require the use of Map and Compass to find their way and as stated in the earlier newsletters a GPS. There will be geocaches set up along the hike that the teams will need to find. If

you don't have access to a GPS, there is leader with one of teams who works for Garmin and can help with the purchase used GPS units.

Please instruct your youth on the principles of "Leave No Trace". While we should always be using Leave No Trace principles in all our camping, it will be an important part of the two days of backpacking. More details on how it can affect a team's score will be in the June Newsletter.

Trip Permits/Certifications

Please remember and prepare for the new items on trip permits (as discussed in the earlier newsletters). These

include CPR training, Planning and Preparing for Hazardous Weather, Safe Swim Defense and Safety Afloat certifications.

Kodiak Instructor Training

The pervious newsletters have discuss the need for adults to trained as Kodiak instructors. I have only heard from a few of you. The training will be Saturday June 12 at the Boy Scout Council office starting at 9am. We should be done by Noon. For those who can't make a Saturday we will also hold the training on Wednesday evening June 30 at 6:30pm (location to be determined). I need to know who will attend as soon as possible. As I said earlier, we can use one adult from each crew (not teams but crews). We need at least 13 to 14 instructors at Adventure Trek who work with our trained course directors. If you have previously been trained and have the Kodiak book please let me know. Also if you have Kodiak books from the last Adventure Trek that we can use please let me know.

"I am not young enough to know everything."

-Oscar Wilde

Swim Checks

Since we have two events on water we need to verify we have swimmers. We have no way to do it at the event. As leaders we expect you to conduct a swimming check ahead of the course. At check in we need you to turn a paper listing your youth and your signature (or an adult in your unit) that the youth are swimmers. If you have an issue with a non-swimmer please let us know. The swim test is: Jump feet first into water

over your head in depth. Swim 75 yards in a strong manner using one or more of the following strokes: side-stroke, breaststroke, trudgen, or crawl: then swim 25 yards using an easy, resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating. This is also found in the Aquatics Safety section of the Guide to Safe Scouting

Medical Forms are REQUIRED.
Be sure to have yours!

Answers from last month:

S G K N M M T **E O N A C** D S B R H I D N
 G G E K S O L K V K G K O K R E K D O D
 K U I S C V V L A K A M A H G T O I L L
 A D E C S R H K D U H K C Y R R T B L I
 M M H E K G O V T H D N T E M A U H H O
G N I R U T N E V R A M C L G S G U S H
 G I L R A K S U G V E G I I T E U H B D
 Y B N M O G H C T E A S V B V D E A C Y
 T H N H K D T S M R A A E S C Y Y S G V
 N S R C V V U B A K **N E S D** N T Y M R U
 D O T **M O U N T A I N B I K I N G** O S T
 U Y N Y C A M **D U E D A T E** K G G B V T
 G U D L G N N T R O R **R E B C D M V S U S**
 C B D C N H E C Y K A V K G O B K T B S
K O D I A K V C T L N B I M E D I H U E
 D K D O H O M A U Y G L S H R A T N K Y
 N D K V L L B B L D E Y N O I G A V N T
 U U U T C I Y H D L R K S T E G O B C G
E R U T N E V D A R E B M T V R R N B L
 C V N S Y T Y K T M B Y **R U O T** G S E A



"The only thing necessary for the triumph of evil is for good men to do nothing."

(Edmund Burke)

Fees Due

The other key date is June 4th. All fees are due to the Council by then. On multiple teams from the same unit, if you listed the same adult on two teams then pay for one less adult on one team (make sure the registration sheet reflects this). You need a minimum of 3 adults for two teams from the same unit (4 is preferred). After confirming the registration sheets and I will have the on-line system corrected to show the right amount. So if you have any changes to your registration make them by June 4th and keep me informed. While we can make changes after that date, the fees for each team are due

on the June 4th. This due date is very important. Refer to your registration email from the Council for details on due dates and cancellation policies.

If you have a team of 4 or 5 and wish to add a youth you can until July 2 (and update the registration sheet). Please follow the instructions given in your registration letter. Any additions after July 2 will have to be negotiated with Denis McGary. If you have any questions about the fees please contact Dennis.

The Outdoor Code

ACROSS

3. we should all use these
5. you are this to others
8. you are this around the next word

DOWN

1. yellow and orange flames
2. something you should try to do
4. a citizen of the United States
6. remember to only use what you need
7. your mom likes your room like this
8. opposite of indoor

Next Month

The June Newsletter will cover for additional planning information, more on gear needed, which group each team is in, maps, who staff are, etc. If at any time you have any questions or concern my team and I will be happy to help.

